May Monthly Observances

ALS Awareness Month
(Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease)
American Wetlands Month
APS (Antiphospholipid Antibody Syndrome) Awareness Month
Arthritis Awareness Month
Asian American & Pacific Islander Heritage Month
Awareness of Medical Orphans Month
Better Hearing & Speech Month
Borderline Personality Disorder Month
Brain Tumor Awareness Month
Clean Air Month
Creative Beginnings Month
EcoDriving Month
Family Wellness Month
Fibromyalgia Education and Awareness Month
Freedom Shrine Month
Get Caught Reading Month
Gifts From The Garden Month
Go Fetch! Food Drive for Homeless Animals Month
Haitian Heritage Month
Heal the Children Month
Healthy Vision Month
Huntington's Disease Awareness Month
International Auditing Month
International Business Image Improvement Month
International Victorious Woman Month
Jewish-American Heritage Month
Latino Books Month
Lupus Awareness Month
Motorcycle Safety Month
National Allergy/Asthma Awareness Month
National Barbeque Month
National Bike Month
National Egg Month
National Foster Care Month
National Good Car Keeping Month
National Hamburger Month
National Hepatitis Awareness Month
(World) Lyme Disease Awareness Month
National Meditation Month
National Mental Health Month
National Military Appreciation Month
National Moving Month
National Osteoporosis Prevention Month
National Photo Month
National Physical Fitness & Sports Month
National Physiotherapy Month
National Preservation Month
National Salad Month
National Salsa Month
National Smile Month
National Stroke Awareness Month
National Vinegar Month
Older Americans Month
Personal History Month
Prepare Tomorrow's Parents Month
React Month
Revise Your Work Schedule Month
Strike Out Strokes Month
Sweet Vidalia Onions Month
Teen CEO Month
Teen Self-Esteem Month
Tennis Month
Tay-Sachs and Canavan Diseases Month
Ultra-violet Awareness Month
Women's Health Care Month
Young Achievers of Tomorrow Month
National Family Month (5/9 to 6/20)

**May Weekly Observances**

Bread Pudding Recipe Exchange Week: 1-7
Be Kind To Animals Week: 2-8
National Correctional Officer's Week: 2-8
Children's Mental Health Week: 2-8
Drinking Water Week: 2-8
Flexible Work Arrangement Week: 2-8
Kids Win Week: 2-8
Goodwill Industries Week: 3-9
National Anxiety & Depression Awareness Week: 2-8
National Family Week: 2-8
National Hug Holiday Week: 2-8
National Pet Week: 2-8
National Wildflower Week: 2-9
North American Occupational Safety & Health Week: 2-8
Teacher Appreciation Week: 2-8
Update Your References Week: 2-8
Dating and Life Coach Recognition Week: 3-9
Intimate Apparel Market Week: 3-6
Work At Home Moms Week: 3-9
National Nurses Day and Week: 6-12
National Tourism Week: 8-16
National Nursing Home Week: 9-15
National Police Week: 9-15
National Return To Work Week: 9-15
National Women's Health Week: 9-15
Reading is Fun Week: 9-15
Salute to Moms 35+ Week: 9-16
National Return To Work Week: 10-16
National Etiquette Week: 10-14
Salvation Army Week: 10-16
Universal Family Week: 10-16
Children's Book Week: 10-16
National Stuttering Awareness Week: 10-16
National Dog Bite Prevention Week: 16-22
National New Friends, Old Friends Week: 16-22
National Transportation Week: 16-22
World Trade Week: 16-22
EMS (Emergency Medical Services) Week: 17-23
National Effectiveness Week: 17-21
National Bike to Work Week: 17-21
National Medical Transcription Week: 17-23
National Backyard Games Week: 17-24
Cover the Uninsured Week: 22-29
National Safe Boating Week: 22-28
Week of Solidarity With The People of Non-Self-Governing Territories: 25-31
Black Single Parents Week: 30-6/5

May Daily Observances

Amtrak Day: 1
Beltaine: 1
Executive Coaching Day: 1
Free Comic Book Day: 1
Join Hands Day: 1
Keep Kids Alive! Drive 25 Day: 1
Kentucky Derby: 1
Law Day: 1
Lei Day: 1
Loyalty Day: 1
Martin Z. Mollusk Day: 1
May Day: 1
Mother Goose Day: 1
National Dance Day: 1
National Homebrew Day: 1
National Scrapbooking Day: 1
New Homeowner's Day: 1
School Principals' Day: 1
Silver Star Day: 1
Stepmother's Day: 1
Space Day 1:
Tuba Day: 1
Lag B'Omer: 2
Motorcycle Mass & Blessing of The Bikes Day: 2
National Infertility Survival Day: 2
National Play Your Ukulele Day: 2
Roberts Rule of Order Day: 2
World Laughter Day: 2
Accountant's Day or Accounting Day: 3 or 10?
(undecided)
Garden Meditation Day: 3
Lumpy Rug Day: 3
National Two Different Colored Shoes Day: 3
Paranormal Day: 3
World Press Freedom Day: 3
Melanoma Monday: 3
Childhood Depression Awareness Day: 4
National Teacher Day: 4
Respect for Chickens Day: 4
Star Wars Day: 4
Cartoonists Day: 5
Childhood Stroke Awareness Day: 5
Cinco de Mayo: 5
International Midwives' Day: 5
Totally Chipotle Day: 5
Occupational Safety & Health Professional's Day: 5
Great American Grump Out: 5
Joseph Brackett Day: 6
National Day to Prevent Teen Pregnancy: 6
No Diet Day: 6
No Homework Day: 6
Nurses Day: 6
National Day of Prayer: 6
National Day of Reason: 6
Child Care Provider Day: 7
Children's Mental Health Awareness Day: 7
No Pants Day: 7
World Asthma Day: 7
No Socks Day: 8
Time of Remembrance & Reconciliation for Those Who Lost Their Lives During the Second World War: 8-9
V-E Day: 8
World Red Cross Day: 8
Military Spouse Appreciation Day: 8
Birthmother's Day (Saturday before Mother's Day): 8
International Migratory Bird Day: 8
Letter Carrier's Food Drive Day: 8
Mother Ocean Day: 8
National Babysitter's Day: 8
National Miniature Golf Day: 8
National Train Day: 8
Stay Up All Night Day: 8
World Fair Trade Day: 8
Mother's Day: 9
Mothers At The Wall Day: 9
Rogation Sunday: 9
Rural Life Sunday Day: 9
Armed Forces Day Military-Amateur Crossband Communications: 10
Lupus Day: 10
Windmill Day: 10
Eat What You Want Day: 11
Fibromyalgia Awareness Day: 11
Donate A Day's Wages To Charity: 12
Limerick Day: 12
National Nutty Fudge Day: 12
National School Nurse Day: 12
National Night Shift Workers Day: 12
National Third Shift Workers Day: 12
Receptionists Day: 12
Ascension Day: 13
Frog Jumping Day: 13
Root Canal Appreciation Day: 13
National Chicken Dance Day: 14
The Stars and Stripes Forever Day: 14
Underground America Day: 14
International Day of Families: 15
National Chocolate Chip Day: 15
National Safety Dose Day: 15
Nylon Stockings Day: 15
Peace Officer Memorial Day: 15
National Pizza Party Day: 15
Straw Hat Day: 15
Armed Forces Day: 15
Preakness Stakes: 15
National Sea Monkey Day: 16
NASCAR Day: 16
Biographer's Day: 16
Victoria Day: 17
World Hypertension Day: 17
World Information Society Day: 17
World Telecommunications Day: 17
International Museum Day: 18
Shavuot: 18
Visit Your Relatives Day: 18
Boys Club Day: 19
May Ray Day: 19
National Employee Health & Fitness Day: 19
Turn Beauty Inside Out Day: 19
Eliza Doolittle Day: 20
Weights & Measures Day: 20
American Red Cross Founder's Day: 21
I Need A Patch For That Day: 21
International Virtual Assistants Day: 21
National Bike to Work Day: 21
National Defense Transportation Day: 21
National Wait Staff Day: 21
World Day for Cultural Diversity for Dialogue & Development: 21
International Day for Biological Diversity: 22
National Maritime Day: 22
National Wig Out Day: 22
Declaration of the Bab Day: 23
National Taffy Day: 23
Neighbor Day: 23
World Crohn's and Colitis Day: 23
Pentecost or WhitSunday: 23
World Turtle Day: 23
Brother's Day: 24
Morse Code Day: 24
Cookie Monster's Birthday: 25
National Missing Children's Day: 25
National Tap Dance Day: 25
Nerd Pride Day or Geek Pride Day: 25
National Senior Health & Fitness Day: 26
Scripps National Spelling Bee: 26-27
Cellophane Tape Day: 27
Sierra Club Day: 28
Slugs Return From Capistrano Day: 28
International Day of United Nations Peacekeepers: 29
International Jazz Day: 29
Julia Pierpont Day: 29
Hug Your Cat Day: 30
Indianapolis 500: 30
Loomis Day: 30
Memorial Day: 30 (Traditional)
Prayer for Peace Memorial Day: 31
Memorial Day: 31 (Observed)
What You Think Upon Grows Day: 31
World No-Tobacco Day: 31